

TEXAS STATE GYMNASTICS CHAMPIONSHIPS

2010 Level 6-10

March 26-28, 2010

Meet Website: www.austinstarcenter.com

Click on Texas State Championships link on Main page

Host Club: Star Center Gymnastics

3100 West Slaughter Lane, Bldg. B

Austin, Texas 78748

Phone: 512-280-8532

Fax: 512-280-9672

Website: www.austinstarcenter.com

Host Hotel: Marriott Austin South

4415 South IH-35

512-634-2010

\$120.00 + tax (Breakfast Included)

Rooms are blocked under "State
Gymnastics Championships"

Meet Directors: Michael Trevino: cell: 512-658-7585; email: trevinome@hotmail.com

Marc Yancey: cell: 512-913-4481; email: mlyancey@sbcglobal.net

Meet Site:

St. Edward's University
3001 South Congress Avenue
Austin, Texas 78704
512-448-8400



Date: March 26-28, 2010 (Friday, Saturday, Sunday)

Entry Fee: Cost: \$70.00 per gymnast No Team Fees!

Make checks payable to: SCGBC (Star Center Gymnastics Booster Club)

(One check per club!!!)

Mail Entry to: Star Center Gymnastics

Attn: Mike Trevino

3100 Slaughter Lane West Building B

Austin, Tx 78748



Entry Forms:

All entry forms to the State Meet must be typed and checked by the coach for accuracy. The official State Entry Form listed in the appendices is the only form that can be used. A copy of this Entry Form may be obtained at: <http://www.texasgyminfo.org/>. Incomplete entries will be returned to the coach and may incur late fees. **A copy of your USAG Member Athlete Roster and a copy of your USAG Proof of Professional Member must accompany your entry form in order to be accepted.**
(Texas Rules & Policies 2009-2010)

Please fill out your entry sorted by Level and Age Group (i.e. Lv 6's, Lv, 7's, Lv 8's, etc)

Entry Deadline: All entries must be received by March 5th, 2010.

* No late entries will be accepted without the \$10 per athlete late fee assessment and permission from the State Chairman. *If you provide your contact email we will confirm receipt of your entry by email.*

Texas State Meet Recognized Age Groups

Level Age Groups Team Age Groups

Level 6 8-9, 10, 11, 12-13, 14+ Team: 8-9, 10-11combined, 12-13, 14+

Level 7 10-11, 12-13, 14+; Team: All Age Groups Combined

Level 8 12-13, 14-15 Team: All Age Groups Combined

Level 9 12-13, 14-18 Team: All Age Groups Combined

Level 10 14-15, 16-18 Team: All Age Groups Combined

Qualifying Requirements: Gymnasts must compete in at least one sanctioned meet in the age group and level they desire to compete at the State Meet.

NEW!! All clubs must pay an annual registration fee of \$25 to the Texas State Account in order to compete in the State Championship Competition. This fee can either be paid at the Summer Business Meeting or given to the Communications Facilitator no later than January 31st. A late fee of \$25 will be assessed after January 31st, and teams will not be allowed to participate in the State Championship Meet until Registration Fee is paid.

(Texas Men's Gymnastics Rules & Policies 2009-2010.)

Attached is a [blank Club Registration form](#). Please fill out the form and send it with registration payment made out to the "Texas State Account" to:

Kathi-Sue Rupp

100 Harvest Loop

Harker Heights, TX 76548

Age Requirements: A gymnast must compete as of his age on September 1st. He may jump up one year (from his September 1st age) only if he is going to change levels. A gymnast may not age jump within the same level.

Coaches Dress Code

Coaches should always be professionally dressed. It is our obligation as professionals to look, act and dress the part. The following dress code will be enforced at State, Regional, and Nationals and is highly recommended for all State sanctioned invitationals. Please help our sport look professional.

Closed toe shoes (no sandals)

Slacks, Warm-up Pants, Hemmed Shorts (no denim)

Collared Shirts

No Hats

Violators will be asked to leave the competition floor.

Athlete Dress Code

All athletes must compete in long solid colored gymnastic pants, socks and or gymnastic shoe, and gymnastic competition jersey on Pommel Horse, Rings, P-Bars and High Bar.

On Floor Exercise and Vault the gymnast may compete in shorts with or without footwear or as he would for the other events. However, if he wears long pants he must have footwear on.

Gymnasts may not compete with body piercings or tongue studs.

Gymnasts may not compete with jewelry to include rings, chains, anklets, decorative wristbands or watches.

Gymnasts are required to wear a shirt at all times during warm ups and competition.

Gymnasts are required to be in full uniform for awards.

Failure to comply with the above rules will result in a .3 deduction taken from the gymnasts score one time during competition.

Equipment: AAI Elite Apparatus and Matting (meets JO and FIG Specs.)

Spectator

Admission: \$10.00 for Adults — \$5.00 Children (6-12) — Free Children under 6

1 Session admission is good for One Day-All Day.

Spectators attending the Meet on more than one day will be required to pay Admission for 1 Session on each additional Day they attend.

T-Shirts: Will be available on site along with other merchandise

Concessions: Concessions will be available at all sessions for your convenience.

Results: Results will be posted on the Star Center Website and on Regional and State web site.

Video Equipment: Battery operated only. No power outlets available. Flashes Prohibited.

2010

Level 6-10 Texas State Championships

Tentative Meet Schedule

Due to the increases in numbers at the various levels in the past year, final scheduling of the sessions is extremely tentative. As of this date, the State Executive Committee is fairly certain that the various levels WILL be competing on the days listed below. The times listed could change to accommodate final numbers in each age group. We do not anticipate changing the days listed below that any of the Levels will compete. That would be a last-resort option only. We should be able to set the exact times for each of the sessions and which age groups will compete in each session by the middle of February. This will allow the State Executive Committee time to review the entries in the Invitational meets that have been held in our state thus far and properly predict the best format for all the athletes.

There are several changes to the traditional age group competitive Session format of past years that the participant number increases are potentially dictating. The plan for this year's Championships reflects those considerations in the following Level and Age Groups.

Level 6 Age 10-11

- a. This Age group will be split into two separate age groups for Individual competition. We will compete a Level 6: 10 year old age group, AND a separate Level 6: 11 year old age group. Each will receive separate awards.
- b. In Team competition for these age groups the Team Awards will REMAIN the two age groups combined-Level 6:10-11.

The Level 9: 12-13 and 14+ Age groups will compete in one Session.

The Level 10: 14-15 Age group will compete in a separate Session on its own.

The Level 10: 16-18 Age group will compete in a separate Session on its own.

The State Championship schedule has taken into account the high probability that for the Regional Championships in April, the Level 6's will be competing on Friday. This of course forces them to miss a day of school. In order that these same athletes would not have to miss an additional day of school for the State Championships, the State Chairman recommended that we schedule a different Level for the Friday Session. As Meet Directors and Coaches we agree with that plan and have reflected that in the Schedule below.

Again, please understand that this schedule is Tentative, pending the numbers of athletes the State Executive Committee is better able to estimate for each Level and Age group during the next few weeks. Please check back for a finalized schedule which will be posted on this website in the middle of February. The days each Level competes should remain the same, but Age group Sessions and times may be revised. Thank you for your patience as we work to provide the best competitive situation for all our athletes at this year's State Championships.

TEXAS STATE GYMNASTICS CHAMPIONSHIPS

Friday, March 26th

TENTATIVE SCHEDULE

Session 1

Level 7's

65 Gymnasts

5:30pm Stretch

6:00pm Timed Warm Up All 6 Events

7:00pm Competition (No one touch)

9:30pm Awards

Saturday, March 27th

TENTATIVE SCHEDULE

Session 2

Level 8's AND Level 6's 12-13

60 Gymnasts

7:30am Stretch

8:00am Timed Warm Up All Events

9:00am Competition

10:35am Awards

Session 3

Level 9's

60 Gymnasts

11:15am Stretch

11:45pm March In/Opening Ceremony

12:00 noon Competition Modified Capital Cup

2:15pm Awards

Session 4

Level 10 14-15's

36 Gymnasts

3:00pm Stretch

3:30pm March In/Opening Ceremony

3:40pm Competition Modified Capital Cup (Warmup/Compete)

5:55pm Awards

TEXAS STATE GYMNASTICS CHAMPIONSHIPS

Saturday, March 27th

Tentative Schedule

Session 5 Level 10's 16-18

36 Gymnasts

6:40pm Stretch

7:10pm March In/Opening Ceremony

7:25pm Competition Modified Capital Cup (Warmup/Compete)

9:30pm Awards

Sunday, March 28th

Tentative Schedule

Session 6

Level 6 10's,

45 Gymnasts

7:30am Stretch

8:00am Timed Warm Up All Events

8:50am Competition

10:35am Awards

Session 7

Level 6's 11's, 14+

50 Gymnasts

11:00am Stretch

11:30pm Timed Warm Up All Events

12:20pm Competition

2:10pm Awards

Session 8

Level 6's 8-9's

55 Gymnasts

2:45pm Stretch

3:15pm Timed Warm Up All Events

4:30pm Competition

6:45 Awards